

Official WCDF competition dance description 2009

C'est La Vie

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Type : 32 Count, 2 Wall Linedance
Level : Social
Music : "C'est La Vie" by B*itched (BPM 109)

**ROCK, RECOVER, STEP, ROCK,
RECOVER, ROCK, RECOVER, STEP,
ROCK, RECOVER**

1 RF rock forward
2 LF recover
& RF step next to LF
3 LF rock back
4 RF recover
5 LF rock forward
6 RF recover
& LF step next to RF
7 RF rock back
8 LF recover

**HEEL, STEP, HEEL, STEP, HEEL,
HOOK, HEEL, STEP, HEEL, STEP,
HEEL, STEP, HEEL, HOOK, HEEL,
STEP**

9 RF touch heel forward
& RF step next to LF
10 LF touch heel forward
& LF step next to RF
11 RF touch heel forward
& RF hook heel in front of LF
12 RF touch heel forward
& RF step next to LF
13 LF touch heel forward
& LF step next to RF
14 RF touch heel forward
& RF step next to LF
15 LF touch heel forward
& LF hook heel in front of RF
16 LF touch heel forward
& LF step next to RF

**WALK, WALK, OUT, OUT, HIP CIRCLE
BOUNCES**

17 RF walk forward
18 LF walk forward
19 RF step slightly to the right
20 LF step slightly to the left
21&22& circle hips counter clockwise
23&24 while bouncing heels
(weight ends on LF)

**STEP, ½ TURN, ½ TURN, ½ TURN,
DOROTHY X2**

25 RF step forward
26 LF ½ turn left
27 RF ½ turn left step back
28 LF ½ turn left step forward (6:00)
29 RF step diagonally forward right
30 LF cross behind RF
& RF step diagonally right
31 LF step diagonally forward left
32 RF cross behind LF
& LF step diagonally left

Tag: After 6th wall (facing 12:00)

HEEL SWITCHES X4

1 RF touch heel forward
& RF step next to LF
2 LF touch heel forward
& LF step next to RF
3 RF touch heel forward
& RF step next to LF
4 LF touch heel forward
& LF step next to RF