

# Well Swung

**Count:** 48    **Wall:** 4    **Level:** Improver

**Choreographer:** Daniel Whittaker (UK) Oct 2016

**Music:** In the Mood by Swing City (Feat Shoowop shop) (iTunes, length of track 2:54)

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**NOTE: There are TWO Restarts during walls 4 (3:00 wall) and wall 9 (9:00 wall)**

**START: 32 Count intro (aprox 11 seconds)**

**[1-8]Side together forward, side together back, hitch**

1-4            Step right to right side, close left beside right, step right forward, hold12:00

5-8            Step left to left side, close right beside left, step left back, hitch right knee12:00

**[9-16]Right coaster step, Left shuffle forward**

1-4            Step right foot back, close left to right, step right forward, hold12:00

5-8            Shuffle forward L-R-L, hold12:00

**[17-24]Kick out right, out left, twist right, twist left12:00**

1-4            Kick right forward, step right out to right side, step left to left side, hold (shoulder width apart)12:00

5-8            Twist right heel inwards towards left, return right heel, twist left heel inwards towards right, return left heel12:00

**[25-32]Cross and heel, cross over unwind ½ turn**

1-4            Cross right over left, step left back left diagonal, touch right heel forward towards right diagonal, hold12:00

5-8            Step right in place, step left over right, unwind ½ turn right, end weight on left06:00

**\*\*\* RESTART HERE ON WALL 4 facing 3:00 wall and wall 9 facing 9:00 wall \*\***

**[33-40]Grapevine right, cross rock ¼ turn, hitch**

1-4            Step right to right side, cross left behind right, step right to right side, hold06:00

5-8            Rock left over right, recover weight on right, make ¼ turn left stepping forward left, hitch right03:00

**[41-48]½ hitch, ½ hitch, rock recover run back right, left**

1-2            Make ½ turn left stepping back on right, hitch left09:00

3-4            Make ½ turn left stepping forward left, hitch right03:00

5-6            Rock right foot forward, recover weight on left foot03:00

7-8            Run back right, left03:00

**OPTIONAL INTRODUCTION (start this 16 counts intro 16 counts into the music, aprox 5 seconds)**

**[1-8]Jump out, cross over unwind**

&1-2-3-4 Step right out, step left out12:00

&5-6-7-8 Step right in, cross left over right, hold, unwind ½ turn right06:00

**[9-16]Jump out, cross over unwind**

&1-2-3-4 Step right out, step left out06:00

&5-6-7-8 Step right in, cross left over right, hold, unwind ½ turn right12:00

**Note: You will end facing 12:00 wall so you can make your own big finish.... Dah Dahhhhh!  
Enjoy it and have lots of fun!**

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