

# DIZZY

**Count:** 32    **Wall:** 4    **Level:** Intermediate

**Choreographer:** Jo Thompson

**Music:** Dizzy by Scooter Lee

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## **ROCK, STEP, COASTER STEP, STEP, TURN ½, STEP, TURN ½**

- 1-2            Rock right forward, recover to left  
3&4           Step right back, step left together, step right forward  
5-6           Step left forward, turn ½ right (weight to right)  
7-8           Step left forward, turn ½ right (weight to right)

## **CROSS, SIDE, SAILOR SHUFFLE, CROSS, SIDE, SAILOR SHUFFLE**

- 1-2            Cross left over right, step right to side  
3&4            Cross left behind right, rock right to side (with ball of right foot), step left slightly forward  
5-6            Cross right over left, step left to side  
7&8            Cross right behind left, rock left to side (with ball of left foot), step right slightly forward

## **CROSS, SIDE, BACK SHUFFLE, ROCK BACK, FULL TURN LEFT TURN FORWARD**

- 1-2            Cross left over right, step right to side  
3&4            Turn ¼ left and step left back, step right together, step left back  
5-6            Rock right back, recover to left

Allow body to turn slightly right to prep for upcoming turn as you rock back

- 7-8            Turn ½ left and step right back, turn ½ left and step left forward

You will have done one full turn forward

## **SHUFFLE FORWARD, STEP, TURN ½, SHUFFLE FORWARD, STEP, TURN ½**

- 1&2            Step right forward, step left together, step right forward  
3-4            Step left forward, turn ½ right (weight to right)  
5&6            Step left forward, step right together, step left forward  
7-8            Step right forward, turn ½ left (weight to left)

## **REPEAT**

**At the end of the song, you will have 2 extra beats. Stomp right, left in place to finish**